## International Potluck Food Guidelines

- You will sign up for a category (app, salad, soup, entree, dessert)
- Bring enough to serve 10-12 for tasting
- Please arrive with your food no later than 6:30PM. If you must arrive later, please sign up for a dessert.
- Food must be ready to serve (already warm no cooking needed, in a crock pot or half steam pan if appropriate, and cut into small tasting-size pieces)
- Please try to keep to the international theme you do not need to represent your own nationality - feel free to make any ethnic dish you like.
- You do not need to cook you may buy some frozen appetizers, premade desserts or a tray of something to bring.
- Submit your recipe for sharing if you wish
- BYOB (we will provide water, ice, coffee, tea and cups)
- Due to the nature of the event, we cannot accommodate dietary restrictions - if you have an allergy or dietary restriction please bring something you can eat